

Conceptual Framework for Public Mental Health

What factors influence public mental health?

This Conceptual Framework for Public Mental Health brings together evidence from academic research, reports, and practitioner and public consultations to map out the factors affecting mental health across all stages of a person's life.

It has been developed as part of the NIHR School for Public Health Research Public Mental Health Programme.

> For more information and to see the full framework, visit: www.publicmentalhealth.co.uk



Kate Walters, Jen Dykxhoorn, Becca Bayliss, Paula Moehring, Carol Brayne, and collaborators in the PMH Programme.

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Individual

Physical & sychological Heal









Sociodemographic

Family Dynamics

Family Structure









Industry Broad Factors

Norms & Rights









- (In)equality & (In) equity
 Climate Change
 Displacement

Structural

- Stigma
 Cultural & Social
- Economic Conditions
 Government Policies & Legislation
 The Welfare System
 Political Structures